



www.wahmember.com

The membership website for the Fall Protection Professional!

Competent / Trainer Course Description

This course is designed for people directly involved with the implementation of an employers' fall protection program. This membership is usually used by people in a supervisory, fore-person, education, competent person, trainer, consultative, shop-lead, crew-lead, or safety role for an employer as part of their work. This membership provides resources to identify and assess fall hazards, inspect fall protection PPE, develop procedures, develop / deliver training events on procedures and PPE, and influence the fall protection program. This course requires participation in-person workshop and has an annual continuing education WAH membership option.

All WAH Training Includes:

- Work-at-Height Guide for the Fall Protection Professional training manual ([Link to Sample](#))
- Pre-training Needs Assessment
- Professional Instruction meeting ANSI Z359.2, OSHA, State or USACE requirements
- Customized content according to Needs Assessment and applicable jurisdiction
- 1 Year WAH Membership
- Continuing Education Program
- Wall-mount Certificate ([Link to Sample](#))

Continuing Education: This program includes WAH Continuing Education for members who wish to renew their membership and certification every year.

Certification: Includes certification as WAH Competent / Trainer (no expiry date if participating in WAH Continuing Education).

Course Content (E indicates an exercise)

- Introductions / Objectives
- Fall Protection PPE
- PPE Systems and Use Principles
- Controlling Fall Energy (E)
- Estimating Clearance (E)
- Fall Hazard Assessment (E)
- Use of Procedure Template (E)
- Training Needs Assessment (E)
- PPE Inspections (E)
- Delivering Training (E)
- Before use inspection and use of:
 - Harnesses (E)
 - Lanyards (PFAS & Positioning) (E)
 - Self-retracting Devices (E)
 - Temporary Horizontal Lifelines (E)
 - Lifelines & Fall Arrestors (E)
 - Lifelines & Rope Adjusters (E)
 - Ready-made Rescue Systems (E)
 - Anchorage Connectors (E)