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*For the Fall Protection Professional!*

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# Competent Person

## Course Description

This course is designed for people directly involved with the implementation of an employers' fall protection program. This program is usually used by people in a supervisory, fore-person, education, competent person, consultative, shop-lead, crew-lead, or safety role for an employer as part of their work. This membership provides resources to identify and assess fall hazards, inspect fall protection PPE, develop procedures, and influence the fall protection program. This course requires participation in an in-person workshop and has an annual continuing education WAH membership option.

### All WAH Training Includes:

- Work-at-Height Guide for the Fall Protection Professional training manual
- Pre-training Needs Assessment
- Professional Instruction meeting ANSI Z359.2, OSHA, State, or USACE requirements
- Customized content according to Needs Assessment and applicable jurisdiction
- 1 Year WAH Membership
- Continuing Education Program
- Experiential Exercises of all applicable fall protection PPE.
- Wall-mount Certificate

**Continuing Education:** This program includes the WAH Continuing Education Program for members who wish to continue their fall protection education.

**Certification:** Includes certification as WAH Competent (no expiry date if participating in WAH Continuing Education).

### Course Content (E indicates an exercise)

- Introductions / Objectives
- Hierarchy of Fall Protection
- Fall Protection PPE
- PPE Systems and Use Principles
- Controlling Fall Energy (E)
- Estimating Clearances (E)
- Fall Hazard Assessment (E)
- Use of Procedure Template (E)
- Training Needs Assessment (E)
- PPE Inspections (E)
- Administrative Controls
- Specific Work Areas
- Before use inspection and use of:
  - Harnesses (E)
  - Lanyards (PFAS & Positioning) (E)
  - Self-retracting Devices (E)
  - Temporary Horizontal Lifelines (E)
  - Lifelines & Fall Arrestors (E)
  - Lifelines & Rope Adjusters (E)
  - Ready-made Rescue Systems (E)
  - Anchorage Connectors (E)